

300m Hurdles	Effort	Place	Location	Date
Ashley Mowry	55.30		Ontario	4/16/2009
Ashley Mowry	55.60	5th	Margaretta	4/23/2009
Ashley Mowry	56.70		Bucyrus District	5/23/2009
Ashley Mowry	56.90	7th	Buckeye Central	5/5/2009
Ashley Mowry	57.20	3rd	Seneca East	4/28/2009
Ashley Mowry	57.40		New London	5/9/2009
Ashley Mowry	57.40		Crestview Conference	5/13/2009
Ashley Mowry	57.50	6th	Northwestern	4/18/2009
Ashley Mowry	57.90		New London	4/14/2009
Victoria McCarthy	53.50		Shelby	4/11/2009
Victoria McCarthy	64.80	3rd	Mapleton	3/31/2009
Alexa Durbin	66.40		Mapleton	3/31/2009
Alexa Durbin	66.90		Shelby	4/11/2009