

Flyers win

GREENWICH — Norwalk St. Paul captured first in a six-way meet at South Central Saturday in high school girls track with 135 points.

Plymouth was next with 117, while South central had 108, Old Fort 60, South Amherst 57 and Mansfield Christian 9.

Susan Helms was a double-winner for Plymouth with first in the 100-meter hurdles at 18.3 and ran a leg of the winning 1600-meter team with Donnell Branham, Kathy Farner and Micki McQuate at 4:42.8. Branham also won the 300-meter hurdles for Plymouth in 51.7.

South Central's Molly Woodruff took the 800 meters in 2:36 and the 1600 in 5:47. Wendy Baker captured the long jump for the Lady Trojans at 14-1.5 and Cindy Boone the discus at 102-11.

GIRLS' RESULTS — St. Paul 135; Plymouth 117; South Central 108; Old Fort 60; South Amherst 57; Mansfield Christian 9.

HIGH JUMP — Hope Kessler (OF) 5-6 (meet record); Donell Branham (P) 5-2; Amy Laser ((P) 4-6; Marilyn Selche (SP) 4-4; Dawn Hemenway (SP) 4-4; no sixth.

SHOT PUT — Paula Russell (SA) 31-11 (meet record); Lisa Kelly (MC) 30-11½; D'Arcy Campbell (SP) 29-4; Cindy Boone (SC) 29-0; Stacey Mayer (SP) 28-11½; Jeanne Ward (SC) 27-9½.

3200-METER RELAY — St. Paul 10:54 (meet record); Plymouth 11:16; South Central 13:00; South Amherst 14:20; no fifth or sixth.

100-METER INTERMEDIATE HURDLES — Susan Helms (P) 18:26; Sheila Kilbane (SC) 18.3; Mary Lonz (SP) 18.33; Steph Haack (OF) 18.99; Crystal Martinez (SP) 25.65; no sixth.

LONG JUMP — Wendy Baker (SC) 14-1½ (meet record); Kay Niedermeier (P) 13-9¼; Micki McQuate (P) 13-5½; Steph Adkins (SA) 13-0¼; Kelly Ruggles (SP) 13-0¼; Cindy Boone (SC) 12-3.

100-METER DASH — Hope Kessler (OF) 13.56; Lynn Paller (SA) 13.72; Lisa Roth (SP) 13.97; Lavonne Branham (P) 14.2; Kris Woodworth (SC) 14.3; Lisa Ransick (SA) 14.35.

DISCUS — Cindy Boone (SC) 102-11 (meet record); Virginia Gross (SP) 99-8; Janelle Miller (P) 84-6; Jeanne Ward (SC) 83-8; Paula Russell (SA) 80-3; Lisa Kelly (MC) 79-4.

800-METER RELAY — Old Fort 1:56.55 (meet record); St. Paul 1:59.76; Plymouth 2:00.31; South Central 2:05.49; South Amherst 2:57; no sixth.

1600-METER RUN — Molly Woodruff (SC) 5:47 (meet record); Paula Poole (SP) 5:48.94; Monica Roth (SP) 6:08; Jenny Adkins (P) 6:20; Jenny Chase (P) 6:22; Susan Miller (OF) 6:42.

400-METER RELAY — Old Fort 55.51 (meet record); St. Paul 56.91; Plymouth 57.78; South Central 58.69; South Amherst 59.8; no sixth.

300-METER LOW HURDLES — Donell Branham (P) 51.72 (meet record); Sheila Kilbane (SC) 53.37; Steph Haack (OF) 54.34; Mary Lonz (SP) 55.44; Kathy Farmer (P) 56.03; Mickey Caudill (SC) 1:03.48.

400-METER DASH — Lynn Paller (SA) 1:07.45 (meet record); Wendy Baker (SC) 1:08.01; Micki McQuate (P) 1:09.64; Leslie Gibson (OF) 1:09.95; Kathleen Lang (SP) 1:10.8; Carla Poole (SP) 1:10.86.

800-METER RUN — Molly Woodruff (SC) 2:36 (meet record); Monica Roth (SP) 2:41; Susan Helms (P) 2:44; Carla Poole (SP) 2:53; Danell Smart (P) 2:56; Susan Miller (OF) 3:02.

200-METER DASH — Lynn Paller (SA) 28.77; Lisa Roth (SP) 28.84; Amy Klausling (SP) 29.28; Richelle Wise (OF) 29.38; Kris Woodworth (SC) 29.5; Lavonne Branham (P) 29.7.

3200-METER RUN — Paula Poole (SP) 12:45

(meet record); Wendy Baker (SC) 13:32; Becky Schaffer (SP) 13:36; Jenny Chase (P) 14:01; Jenny Adkins (P) 14:20; Angela Bovia (SC) 17:10.

1600-METER RELAY — Plymouth 4:42.8; St. Paul 4:46.06; South Central 4:52.14; South Amherst 6:13.78; no fifth or sixth.