

# Plymouth girls trample Old Fort, 89-38

SHILOH—Plymouth turned in its sixth victory of the 1987 season with an 89-38 thumping of Old Fort Thursday in varsity girls track.

Plymouth is 6-2 on the year. Janelle Miller paced a group of three runners from PHS who each notched two individual wins. Miller won the shot put and discus while Jenny Adkins swept the field in the mile and two-mile runs and Susan Helms took the 100-meter low hurdles and 880-yard run.

For the day Helms was also a participant on winning two-mile and mile relay teams.

The Lady Vikings next event will be the Tri-County Meet Tuesday at Mohawk.

**Plymouth . . . . . 105-89**  
**Old Fort . . . . . 26-38**

PLYMOUTH — Plymouth routed Old Fort Thursday in a high school track meet.

The Plymouth boys cruised 10-5-26, while the Plymouth girls also won big 89-38.

Ron Stephens was the standout in the boys competition, winning the long jump, 100 and 220 dashes.

Susan Helms was the featured girls performer, winning the 880 and 100 hurdles, plus running on two winning relay teams (mile and two-mile).

## GIRLS' HIGH SCHOOL TRACK At Plymouth

Score: Plymouth 89, Old Fort 38  
 High jump: 1, Kessler (OF) 5-2; 2, D. Branham (P) 4-8; 3, Welke (P) 4-6  
 Long jump: 1, Niedermeier (P) 13-7; 2, McQuate (P) 13-2; 3, Spencer (OF) 12-3  
 Shot put: 1, Miller (P) 26-6½; 2, Hantzel (OF) 25-6½; 3, Hossler (OF) 22-2  
 Discus: 1, Miller (P) 89-½; 2, Hartsel (OF) 72-10; 3, Niedermeier (P) 72-1  
 Two mile relay: 1, Plymouth 13:55  
 100 meter hurdles: 1, Helms (P) 17.9; 2, Haack (OF) 18.8; 3, Farner (P) 19.8  
 100 meter dash: 1, Kessler (OF) 13.5; 2, D. Branham (P) 13.8; 3, L. Branham (P) 13.9  
 880 relay: 1, Old Fort 2:10.5  
 Mile run: 1, Adkins (P) 6:10; 2, Chase (P) 6:23; 3, none  
 440 relay: 1, Plymouth 59.1; 2, Old Fort 62.5  
 440 dash: 1, Welker (P) 68.6; 2, Gibson (OF) 69.7; 3, L. Branham (P) 76.5  
 300 meter hurdles: 1, D. Branham (P) 51.4; 2, Haack (OF) 54.2; 3, Farner (P) 57.5  
 880 run: 1, Helms (P) 2:48; 2, McQuate (P) 2:59; 3, Smart (P) 3:08  
 220 dash: 1, Wise (OF) 30.1; 2, L. Branham (P) 30.7; 3, Niedermeier (P) 32.2  
 Two-mile run: 1, Adkins (P) 13:19; 2, Chase (P) 13:43; 3, Covert (OF) 17:03  
 Mile relay: 1, Plymouth 6:02