

PLYMOUTH TRACK AND FIELD RECORDS

120 Yard High Hurdles	15.7	B. Conley	1964
100 Yard Dash	10.2	M. Ruckman	1965
One-Mile Run	4:41	G. Cashman	1964
Half-Mile Relay	1:35.3	Jim Adams, Terry Finnegan, John Harman, Tom Henry	1969
440 Yard Dash	53.0	Bowman	1963
180 Yard Low Hurdles	21.4	John Harman	1969
880 Yard Run	2:05	Rish	1965
220 Yard Dash	22.75	Tom Henry	1969
Mile Relay	3:37.8	Jon Daup, Gene Kok, Erv Howard, Terry Buzard	1968
Two Mile Run	10:24	Jon Daup	1967
Pole Vault	11'-6"	Jim Conley John Conley	1967 1969
Shot	45'-1/2"	Gene Kok	1968
Discus	132'	Gene Kok	1968
Long Jump	20'6 3/4"	Jim Adams	1969
High Jump	6'	Stroup	1964