

Ontario Relays

April 26, 1969

Good Track- Warm Crosswind

Discus: Bill Van Wagner-110'6"  
Mike Beard- 105'7"

Shot Put- Bill Van Wagner- 32'  
Dwayne Kok-

Long Jump- Jim Adams-19'3 1/2  
4th Place

High Jump- Jacque Daup- 5'6"

120 High Hurdles- Dwayne Kok-17.3

100 Dash

Prelim: Tom Henry-10.4  
Jim Adams-10.4

Finals: Jim Adams-10.6  
5th Place

Tom Henry-10.7

180-L.H.- John Hamman- 21.4  
Ties old record

220 Dash

Prelim: Jim Adams-24.  
Tom Henry-22.75  
Breaks old record

Finals- Tom Henry- 23.95

Mile Run- Randy Conley  
67, 2:24, 3:40, 5:00

Shuttle Hurdles: 66.9

John Hamman-15.6  
Jacque Daup-17.9  
Dwayne Kok-16.1  
Gary Chase-17.3

Freshmen 880 Relay: 1:46.6

Roger Chase-  
Jim Sutter-  
Tim Nesbitt-  
Lee Wilkins-

Varsity 880 Relay- 1:36.85  
Breaks old record of 1:38.35

Jim Adams-24.8  
Terry Finnegan-24.7  
John Hamman-24.3  
Tom Henry-23.

Mile Relay-3:57.7

J. Daup-58.7  
J. Conley-58.3  
L. Vanderpool-62.  
T. Buzard-58.7

440 Dash

Terry Buzard-54 5th Place  
Mike Beard-58.